



## CASE STUDY

### DIFFUSE ABDOMINOPELVIC HYDATIDOSIS IN CHILD AGE GROUP-A RARE PRESENTATION

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#### ABSTRACT

Hydatid disease is a common parasitic infestation that is endemic in many parts of the world. Hydatid primary affects the liver but secondary involvement due to haematogenous spread occurs any part of body. However primary peritoneal Hydatid is very rare, either resulting from spontaneous spread of cysts or occurring after operations involving hydatid in other regions.

#### Key words:

Hydatid, Peritoneal, Surgery.

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#### INTRODUCTION

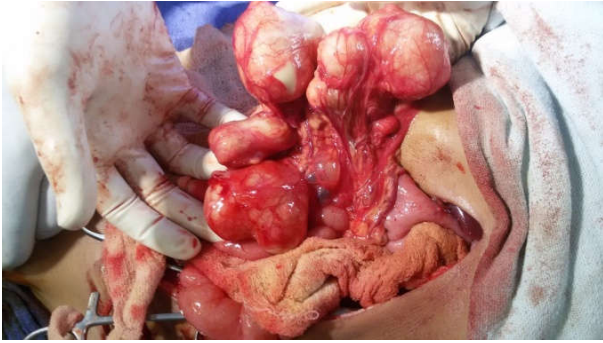
Hydatid cyst is a parasitic infestation caused by *Echinococcus granulosus*. Human cystic echinococcosis is still endemic in some areas of the Rajasthan. Although it most frequently localized to the liver (60% - 70%) and lung (20%), it can be developed in any organ system in the body. The overall prevalence of peritoneal involvement in cases of abdominal Hydatid is approximately 13%. Most of them are related to previous surgery for hepatic and splenic hydatid, although spontaneous, asymptomatic micro ruptures of hepatic cysts into the peritoneal cavity are not uncommon (Karavia *et al.*, 1996). A hydatid cyst have three layer, outer cyst or pericyst represents the response of the host to the parasite, middle laminated membrane is acellular, it permits the passage of nutrients but is impervious to bacteria. The inner germinal (or germinative) layer is thin and translucent. The cyst fluid is crystal clear. It is a transudate of serum, contains proteins, and is antigenic. If it is released into the circulation of the host, it can cause anaphylaxis, although cyst rupture may be clinically silent (Pumarola *et al.*, 1990)

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#### Case presentation

A 10 year old boy presented in surgical outdoor patient department (OPD), Medical college hospital, Kota. With the chief complaint of abdominal distension with abdominal pain since 30 days and recently develop fever & vomiting since 5 days and also complain of blood in stools since 2 days. He also had complaints of haemoptysis and chest pain for last 3 months. There was no history of any previous operative procedure or any abdominal trauma. On physical examination revealed multiple palpable, painless and mobile abdominal masses that were confined to left hypochondriac, umbilical, right iliac and pelvic region. On laboratory investigations revealed, Hb-8.9gm, TLC-18000, Eosinophil count-12 and chest x ray showed consolidation in lower zone of left lung. On abdominopelvic CT revealed multiple peripheral enhancing cystic lesion with internal floating membrane in gastro hepatic and gastro splenic ligaments and numerous cyst in pelvis-peritoneum cavity, measuring up to 10-15 centimeters. Thus diagnosis of Hydatid disease was established based up on ultrasound and computed tomography (CT) imaging findings. Then we started the patient on Albendazole 10 mg/kg/day for 21 days. Physician reference was taken for chest pain and haemoptysis and managed accordingly. Our fundamental

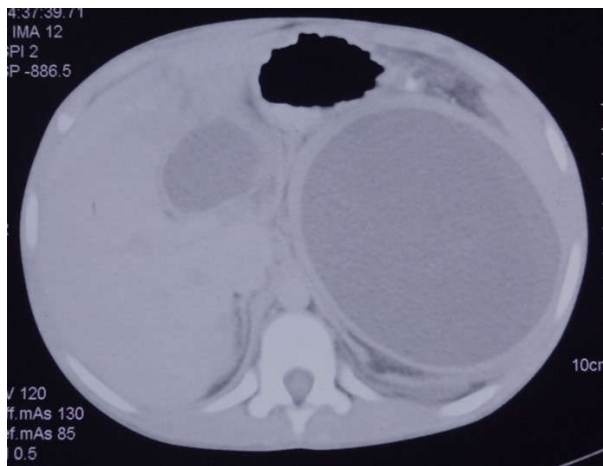
concerns on exploration were to avoid spreading the disease and to preserve the spleen & liver along with the complete removal of all the cysts. On exploration, there were multiple hydatid cysts present in abdominal cavity with a large sized cyst around 15 centimeters size at gastro splenic ligament and another cyst around 4-6 centimeters in gastro hepatic ligament, though spleen and liver were absolutely normal. The cysts were aspirated by using suction. Savlon solution was instilled and was left there for 10-15 minutes so as to gain bactericidal effect before suctioning in the end. There were multiple daughter cysts in the pelvic and abdominal cavity and all were removed. Another 2 cysts of sizes 5 to 7 centimeters were present in the pelvic cavity which were adherent to urinary bladder and rectum.



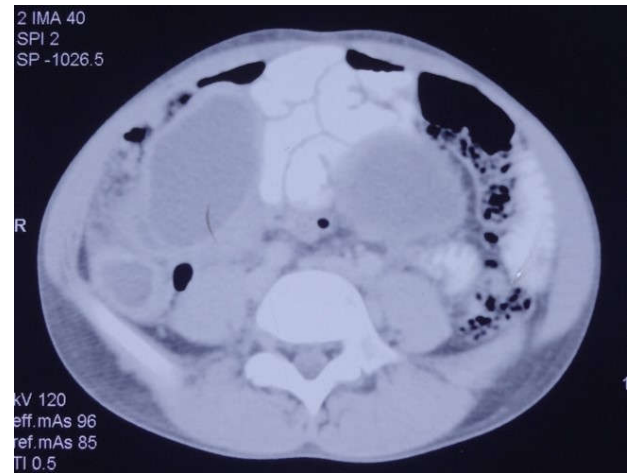
**Figure 1. Intraoperative photograph after incision of peritoneum cavity showing multiple whitish hydatid cyst in greater omentum**



**Figure 2. Intraoperative photograph after incision of peritoneum cavity showing two whitish hydatid cyst attach to gastro splenic ligament and omentum**



**Figure 3. Non Contrast CT axial images of abdomen showing multiple fluid attenuating cystic lesion in gastro hepatic ligament and another large cyst at gastro splenic ligaments, however splenic tissue seen normal**



**Figure 4. Contrast CT axial images of abdomen showing multiple fluid attenuating cystic lesion with peripheral contrast enhancement in abdominal cavity**



**Figure 5. Contrast CT axial images of abdomen showing two fluid attenuating cystic lesion with peripheral contrast enhancement in pelvic cavity posterior to urinary bladder**

Only partial excision could be done here and cysts were drained. There was no spillage as the cyst content was very thick gelatin material. Greater omentum was completely removed as multiple cysts were present in it. An abdominal drain was put. Postoperative course was uneventful and patient was discharged on 7th postoperative day in stable condition with again started on chemotherapy for 3 months postoperatively. On postoperative follow up after 3 month patients completely fit and on imaging findings no abdominopelvic hydatid was noted.

## DISCUSSION

A hydatid cyst should be included in the differential diagnosis of any cystic lesion in abdominopelvic region. This is particularly specially for endemic regions. Human beings are accidental hosts and acquire infection by infesting ova from fomites, contaminated water or direct contact with dogs. In humans, hydatid disease involves the liver in approximately 75% of cases, the lung in 15%, and other anatomic locations in 10% (Pumarola et al., 1990). The right lobe is the most frequently involved part of the liver. Ultrasonography of the abdomen still remains the good non-invasive screening tool to find the primary site of the disease and may confirm the diagnosis of hydatid disease by demonstrating the pathognomonic daughter cysts in spleen. Peritoneum Hydatid cyst generally develops by means of systemic dissemination or

intraperitoneal spread from a ruptured liver cyst. Peritoneal Hydatid are usually solitary, and their imaging characteristics are same to those of hepatic hydatid. Any type of hydatid cyst can be seen in the peritoneal cavity. Calcification is usually curvilinear or ring-like and involves the pericyst (Urrutia *et al.*, 1996). The different type of serological tests like indirect haemagglutination test (IHA), latex agglutination and enzyme-linked immunosorbent assay (ELISA) are used to establish the diagnosis and postoperative follow-up of the disease with a specificity of 97 %, with IgG-ELISA being the most sensitive with a sensitivity of 83.5%. Similarly, eosinophilia is detected only in 50% of the patients; however, the best way to establish the diagnosis is the direct visualization of parasitic elements in the surgically resected pathological specimen (Zarzosa *et al.*, 1999) Sterilisation of hydatid cysts contents by preoperative administration of antihelminthics has been advocated and that causing decrease the incidence of recurrence. (Morris, 1987; Davidson *et al.*, 1988) Preoperative albendazole (10 mg/kg body weight) is administered for 3 to 6 months. There is greater agreement regarding postoperative use of antihelminthics in high-risk patients. (Horton, 1989) Small peritoneal cysts that are asymptomatic may be managed conservatively. Surgical intervention is required only for symptomatic and large peritoneal cysts. Surgery in such cases may have to be repeated several times to achieve permanent eradication of the disease. (El Mufti, 1989) Total cystectomy, where possible, is the treatment of choice. When cysts are attached to intraperitoneal viscera, drainage and wide deroofing is safer and is as effective as total cystectomy. (El Mufti, 1989) With disseminated disease, removal of large symptomatic cysts and of smaller ones as much as possible is advocated. Follow up with antihelminthics is recommended.

### Conclusion

Hydatid disease can affect any organ in the body, but primary peritoneal involvement is uncommon manifestation of hydatid cyst, we should be highly suspicious of this disease before making any other diagnosis especially in endemic areas of the world. We conclude the ultrasonography and CT is most useful diagnostic tool for confirmation. Surgery is treatment of choice and after treatment, postoperative follow-up are required for recurrence.

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### Conflicts of interest

The authors declare that they have no competing interests.

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