



RESEARCH ARTICLE

ANTIMICROBIAL, ANTIOXIDANT AND ANTITUMOUR ACTIVITY OF THE *Garcinea mangostana*

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ABSTRACT

The exocarp of *Garcinea mangostana* was dissolved in various organic solvents namely Methanol, Ethanol and Butanol. It was tested for antimicrobial, antiproliferative and/or cytotoxic activity. Significant antimicrobial activity was found with *Garcinea mangostana* against *Pseudomonas aeruginosa* and *Staphylococcus aureus*. The extracts were also found to possess antifungal activity against *Candida albicans*. Out of different extracts tested, methanolic extract was found to be the most active against *Pseudomonas aeruginosa* followed by *S. aureus* and *P.mirabilis*. Total Polyphenolic content ranged from 102.4 to 138.6 mg GAE/g of extract. Among the three solvent extracts, methanol extract showed maximum Polyphenol content at 6 hr extraction time followed by ethanol and butanol respectively. The extractive yield of sample was higher in methanol, compared to ethanol and butanol. The yield obtained decreased with decrease in polarity. The LD₅₀ values of the plant extract against HEP2 cells was determined by MTT assay. The LD₅₀ value of *Garcinea mangostana* was $\geq 120\mu\text{g}$, $92\mu\text{g}$ and $85\mu\text{g}$ for, methanol, ethanol, and butanol extracts respectively and the study revealed that the exocarp possessed free radical scavenging activity. Methanolic extract, Ethanolic extract, Butanolic extract were found to reduce the GSH level than the control. TBARS of stress induced HEP2 cells was reduced in the presence of Ethanolic extract and Butanolic extract. All extracts were found to reduce GPx activity.

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INTRODUCTION

Traditional medicine has a long history of serving peoples all over the world. India is without doubt a herbal hub, hold large reservoir of plant genetic diversity, which can provide novel biomolecules.

Recently, considerable attention has been focused on identifying naturally occurring chemo preventive substances capable of inhibiting, retarding, or reversing the multi stage carcinogenesis. The majority of these naturally occurring phenolics retain antioxidative and

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anti-inflammatory properties which appear to contribute to their chemo-preventive or chemo-protective activity. Natural products either as standardized plant extracts provide unlimited opportunities for new drug leads because of the unmatched availability of chemical diversity (Parekh and Chand, 2006). The cost of production of synthetic drugs is also high and they produce adverse effect, when compared to plant derived drugs. Hence much attention has been paid recently, to the biologically active compounds derived from plants used in herbal medicine. The objective of our work is to evaluate antimicrobial, antiproliferative and/or cytotoxic activity of the exocarp of the fruit *Garcinea mangostana*, using MTT assay

MATERIAL AND METHODS

Plant Used: *Garcinea mangostana*, the selection of the plant species for the present study was mainly based on the traditional uses of these species for the treatment of various diseases including skin infections, ulcer, tumor, cancer etc. *Garcinia* is a plant genus of the family Clusiaceae. *Garcinia* species are evergreen trees and shrubs, dioecious and in several cases apomictic. Many species of *Garcinia* have fruit with edible arils. The best-known species is the Purple Mangosteen (*G. mangostana*), which is now cultivated throughout Southeast Asia and other tropical countries.

Extracts of the exocarp of certain species – typically Gambooge, but also Purple Mangosteen – are often contained in appetite suppressants such as Hydroxycut, Leptoprin or XanGo. But their effectiveness at normal consumption levels is unproven, while at least one case of severe acidosis caused by long-term consumption of such products has been documented.

Preparation of exocarp of fruit: The exocarp of fruit was shade dried. The dried exocarp of fruit were immersed in 100 ml of organic solvent namely Methanol, ethanol and Butanol. It was incubated at room temperature at different time intervals of 6, 12 and 24 hr. After incubation time, the suspension was filtered and the solvent was evaporated. The extract was concentrated to

dryness and dissolved in 0.25% Dimethyl Sulphoxide (DMSO, Merck) to the concentration of 100 mg / ml.

Antimicrobial activity: Antimicrobial activity of the exocarp of fruit extracts was determined by Agar disc diffusion method (Bauer et al., 1966). Clinical bacterial isolates like *E.coli*, *Pseudomonas aeruginosa*, *Proteus mirabilis* and *Staphylococcus aureus* were used for the study. For antifungal activity, *Candida albicans* isolated from the clinical sample were used.

Determination of total polyphenol contents: Total polyphenol contents in the extracted powder were determined by the Folin-Ciocalteu colorimetric method (Ough and Amerine, 1988 and Kumazawa et al., 2002). Various solvent extracts of the sample (1 mg/ml) were mixed with 1 ml of the Folin-Ciocalteu reagent and 1 ml of 10% Na₂CO₃, and the absorbance was measured at 760 nm after 1 hr incubation at room temperature. The standard curve was calibrated covering a range of 50 to 250 mg/ml of gallic acid. Total polyphenol contents were expressed as mg GAE/ g of extract.

Antitumor assay: The antitumor assay was performed on human laryngeal epithelioma (HEP2) cells. The cells were grown in 24 well plate in Eagle's Minimum Essential Medium (Hi Media) supplemented with 10% fetal bovine serum (Hi Media) and 1% antibiotics (streptomycin, penicillin-G). The cell suspension (100 cells / ml) was seeded in every well and incubated at 37°C for 48 hr in 5% CO₂ for the formation of monolayer. The monolayer of cells in 24 well plates was exposed to various dilutions of the Methanol, Ethanol and Butanol extracts. The cell viability was measured using MTT assay as described by Mosmann (1983) using MTT (5 mg / ml) and DMSO. Cell control was maintained throughout the experiment and the assay was performed in replicates.

MTT assay: Cytotoxicity was evaluated against HEP2 by MTT assay (Mosmann, 1983) and Lethal Dose 50 (LD₅₀) of all the extracts were determined by % cytotoxicity

$$\% \text{ Cytotoxicity} = \frac{\text{Mean OD of test (alcoholic extract)}}{\text{Mean OD of Control}} \times 100$$

Free radical scavenging activity: The free radical scavenging activity of the exocarp of fruit extracts was evaluated by DPPH method (Brant-Williams, 1995).

RESULTS AND DISCUSSION

The present investigation establishes the vital role of plants and plants products as still reservoir of many pharmaceuticals industry in treating infectious diseases. Antimicrobial activity of methanol, Ethanol and Butanol extracts are presented in Table 1. Significant antimicrobial activity was exhibited by *Garcinea mangostana* against *Pseudomonas aeruginosa* and *Staphylococcus aureus*. It may be due to the presence of secondary metabolites. Higher concentration of flavonoids, are found to exhibit antibacterial activity (Mohan et al., 2008). The extracts were also found to possess antifungal activity against *Candida albicans*. Out of different extracts tested, methanolic extract was found to be the most active against *Pseudomonas aeruginosa* followed by *S. aureus* and *P. mirabilis*.

The yield of extracts from the exocarp of fruit of *Garcinea mangostana* using ethanol, methanol, and butanol as solvents were 12.4, 18.6 and 6.3 % respectively, on dry weight basis. Total Polyphenolic content ranged from 102.4 to 138.6 mg GAE/g of extract (Table 2). Among the three solvent extracts, methanol extract showed maximum Polyphenolic content at 6 hr extraction time followed by ethanol and butanol respectively. Phenolic acids constitute a large group of naturally occurring organic compounds with a broad spectrum of pharmaceutical activities. It was found that they possess not only antioxidant but also antiviral and antibacterial properties. The antioxidant activity of phenolics is generally combined with hydroxyl groups on their molecules (Perchellet, 1989 and Dragsted, 1998). These natural antioxidants can exert considerable protection, in humans, against aging and cancer

caused by free radicals, and can replace synthetic antioxidants such as butylated hydroxyanisole (BHA) and butylated hydroxytoluene (BHT), which are suspected to have toxic and carcinogenic effect on humans (Beier and Oertli, 1983, Afek et al., 1986, Zaat et al., 1987 and Laks and Pruner, 1989).

The extractive yield of sample was higher in methanol, compared to ethanol and butanol. The yield obtained decreased with decreasing polarity. Since methanol has high polarity, it could dissolve both the polar and non polar compounds in it. The methanol extracts of sample inhibited nearly 100 % of HEP2 cells up to 1:4 dilution of the crude extract and started decreasing with increase in dilution. Arpornsuwan and Punjanon (2006) reported that the methanolic extract of *M. citrifolia* fruit was much more effective on breast cancer cells and neuroblastoma cells. Mayalen Zubia (2009) also reported that crude extracts of *B. bifurcata*, *C. tamariscifolia*, *Desmarestia ligulata*, *Dictyotadichotoma* and *H. siliquosa* exhibited strong cytotoxic activities against three different tumor cells lines (Daudi, Jurkat and K562).

The MTT assay, which evaluates the mitochondrial enzyme succinate dehydrogenase activity, helps in determining the cytotoxicity. The LD₅₀ values of the extracts against HEP2 cells were determined by MTT assay. The LD₅₀ value of *Garcinea mangostana* was found to be $\geq 120 \mu\text{g}$, $92 \mu\text{g}$ and $85 \mu\text{g}$ for, methanol, ethanol, and butanol extracts respectively and the study revealed that the exocarp possessed free radical scavenging activity. (DPPH method). The activity was found to be higher in the methanol extract when compared against ethanol and Butanol extract

The improper balance between reactive oxygen intermediates and antioxidants defense results in 'oxidative stress' and it may result in damage to the cells. Cellular antioxidant enzymes such as catalase, SOD and GPx normally challenge oxidative stress. Antioxidant activity of all plant extracts were represented in Table 4. Methanolic extract, Ethanolic extract, Butanolic extract were found to reduce the GSH level than the control. TBARS of stress induced HEP2 cells was reduced

in the presence of Ethanolic extract and Butanolic extract. All extracts were found to reduce GPx

The antimicrobial and antitumor activity of different fractioned extracts of *Garcinea angostana* may be due to presence of saponins, which are the

Table 1. Antimicrobial Activity of *Garcinea mangostana*

Extract	<i>E.coli</i>	<i>Pseudomonas aeruginosa</i>	<i>Proteus mirabilis</i>	<i>Staphylococcus aureus</i>	<i>Candida albicans</i>
Methanol	-	+	+	+	+
Ethanol	-	+	+	+	+
Butanol	-	+	+	+	+

Table 2. Total Polyphenol content and extractive yield of crude extracts of *Garcinea mangostana* exocarp

Extraction Solvent	% Yield (%)	Extraction time (hr)	Total Polyphenol (mg GAE /g extract)
Ethanol	12.4	6	102.4
		12	105.3
		24	124.6
Methanol	18.6	6	124.3
		12	131.3
		24	138.6
Butanol	6.3	6	112.6
		12	120.1
		24	132.4

Table 3.. Free radical scavenging activity of the extracts from *Garcinea mangostana*

Extract	DPPH (%)
Ethanol	16.78 ± 0.92
Methanol	43.5 ± 0.64
Butanol	13.42 ± 0.09

Table 4. Antioxidant activity of extracts from *Garcinea mangostana*

Extract	TBARS Mmol/ml	GSH	Catalase	SOD	GPx
Ethanol	0.15±0.06	00.26±0.01	0.31 ± 0.06	0.14±0.01	0.31 ±0.06
Methanol	0.03±0.01	0.02 ±0.04	0.46 ±.01	0.21±0.04	0.27±0.01
Butanol	0.04±0.08	0.05 ±0.08	0.35 ±0.01	0.05 ±0.03	0.26±0.01

activity. Among all Butanolic found to have greater activity. None of the extracts were found to reduce catalase activity on HEp2 cells. Butanolic alone were found to reduce the SOD activity. All plant extracts were found to contain polyphenols, Ethanolic extract, Butanolic extract might be containing polyphenols in higher concentrations, where as polyphenols are found to possess antioxidant activity (Yoshida *et al.*, 1999). They have their redox property which plays an important role in adsorbing and neutralizing free radicals, quenching singlet and triplet oxygen and decomposing peroxides (Mohan *et al.*, 2008).

glycosides (Varshney and Sharma, 1996) present in plant. These plant glycosides are the polar compounds, therefore the methanolic extracts is showing the maximum activity. Oxidation is essential in many living organisms, for the production of energy to fuel biological processes. However, the uncontrolled production of oxygen derived from free radicals which are involved in the onset of many diseases such as atherosclerosis, rheumatoid arthritis and cancer as well as in degenerative processes associated with aging (Halliwell *et al.*, 1988). This free radical damage is well protected by enzymes such as superoxide

dismutase and catalase or compounds such as ascorbic acid, tocopherols and glutathione (Mau *et al.*, 2002). When the mechanism of antioxidant protection becomes unbalanced, deterioration of physiological functions may occur resulting in diseases. However, the antioxidants present in human diet are of great interest as possible protective agents to help the human bodies to reduce oxidative damage (Mohan *et al.*, 2008).

Conclusion

The extractive value, total polyphenolic content and antitumor activity and antimicrobial activity was at its peak in methanolic extract indicating that most of the active components are extractable with methanol. Cytotoxic changes observed were cell aggregation, cell rounding and cell death. The overall results indicate the promising baseline information for the potential uses of the methanol extracts of exocarp as an antitumor agent. The methanolic extract of *Garcinea mangostana* was found to have antimicrobial activity. The extracts showed cytotoxic activity as evident by the tumor cell suppression potential of various alcoholic extract of the sample on HEp2 cells and antioxidant effect against HEp2 cells. In future, this plants could represent antioxidant agents, which provide prophylaxis against various diseases related to oxidative stress. To conclude the obtained result are highly encouraging and could form a good basis for further investigation in the potential discovery of new valuable bioactive compounds.

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