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## REVIEW ARTICLE

# PLANTS OF DHANWATARI NIGHANTU- A REVIEW

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### ABSTRACT

*Dhanvantari Nighantu* is one of the oldest *Ayurvedic* lexicon placed between 8th -10th AD. The original name of this lexicon is *Dravyavali Samucchaya*. This lexicon has seven *Vargas*(Groups) viz; *Guduchadi Varga*, *Shatapushpadi Varga*, *Chandanadi Varga*, *Karaviradi Varga*, *Amradi Varga*, *Suvarnadi Varga*, and *Mishrakadi Varga*, and the total numbers of drugs are 527. The materia medica of the drugs can be grouped on the basis of *Rasa*, *Guna*, *Virya*, *Vipaka*, and *Prabhava*. The lexicon starts with salutation to *Lord Dhanvantari*. The peculiar of this lexicon is the *Varga*(Group) starts with the name of the first drug e.g. *Guduchi* as *Guduchadi Varga*. *Acharya Hemadri* the commentator of *Astangahridaya* (One of the great triad text) mentioned this *Nighantu*(Lexicon) in the name of *Dravyavali*. The *Dravyavali* contains only the synonyms of the drugs; later on the properties of the drugs were added in this book. Therefore the *Dhanvantari Nighantu* is the compiled book. The author of this book is still unknown, but it is claimed that *Mahendra Bhogika*, son of *Krishna Bhogika* of *Sthaneshwara* now a days is called as *Thane of Maharashtra* India. *Ksheeraswami* the commentator of the *Amarakosha* has quoted the *Dhanwantari Nighantu*. The date of *Ksheeraswami* is 11<sup>th</sup> century AD. Hence the *Dhanwantari Nighantu* can be placed in 10<sup>th</sup> century AD. The present review work highlight only the medicinal plants and tried to resolve the controversial aspects with their exact botanical sources.

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## INTRODUCTION

The controversy of the medicinal plants can be evaluated<sup>[1]</sup> carefully with the help of *Gopala*, *Tapaswi*(One who is worshiping lord in jungle region), *Shikari*(Mountaineers), and *Adivasi*(Tribal) people. The physician should carefully analyse the drugs with the help of *Rasa*, *Virya*, *Vipaka*, *Prabhava* and then applied for treatment. While explaining about the collection of the drugs the author has tried to resolve the controversies. To examine the patient *Dosha*, *Aushadha*, *Desha*, *Kala*, *Sharira*, *Ayu*, *Satmya*, *Bala*, *Agni*, *Samprapti*, *Karana*, *Lakshana*, *Sadhyasadyata* are taking in to consideration for the examination and treatment of the patient. The book starts with following *Vargas*; *Guduchyadi Varga*- 128 Drugs- Drugs of bitter taste, *Shatapushpadi Varga*- 54 drugs- Containing spices, *Chandanadi Varga*- 79 drugs- Containing aromatic drugs, *Karaveeradi Varga*- 75 drugs- Containing small plants and herbs, *Amradi Varga*- 74 drugs- Containing fruits, *Suvarnadi Varga*-16 mineral origin- Containing minerals and food substances, 2 animal, 27 *Dhanya Varga*, 78 *Dravya Varga*, 44 *Mamsa Varga*, 9 *Mutra Varga*, *Mishrakadi Varga*- 59 group of drugs.

## AIMS AND OBJECTIVES

- Highlighted the plants with their botanical source.
- To review according to *Dhanwantari Nighantu* literature.

## MATERIAL AND METHODS

- The plants were highlighted on the basis of classical text *Dhanwantari Nighantu* and explored their exact botanical sources.
- The poisonous drugs were screened with help of digital data and *Ayurvedic* classical texts with their references.

## DISCUSSION

**GUDUCHI**<sup>[1]</sup>- *Tinospora cordifolia* (Willd) Miers), *Menispermaceae*.

**ATIVISHA**- *Aconitum heterophyllum* Wall, *Ranunculaceae*

**PRATIVISHA**- *Aconitum palmatum* D. Don. It is Shyama Kanda(Black in colour).

- MOORVA**- *Marsdenia tenacissima* W & A, Asclepiadaceae
- MORATA**- *Maerua arenaria* Hook f. & Th, Cappariaceae
- MANJISTHA**- *Rubia cordifolia* Linn, Rubiaceae
- DHANVAYASA**- *Fagonia arabica* Linn, Zygophyllaceae
- YAASA** - *Alhagi pseudalhagi* (Bieb) Desv, Leguminosae
- VASAKA** - *Adhatoda vasica* Nees, Acanthaceae
- KHADIRA** - *Acacia catechu* Willd. Leguminosae
- SOMAVALKA**- *Acacia suma* Kurz, Leguminosae
- NIMBA**- *Azadirachta indica* A. Juss, Meliaceae
- MAHANIMBA**- *Melia azedarach* Linn, Meliaceae
- KIRATA TIKTA**- *Swertia chirata* Buch-ham, Gentianaceae
- KATUKA**- *Picrorhiza kurroa* ex Benth, Scrophulariaceae
- MUSTA**- *Cyperus rotundus* Linn, *Cyperus scrious* R. Br, Cyperaceae
- JALA MUSTA**- *Cyperus esculentus*, Cyperaceae
- PARPATA**- *Fumaria indica* Pugsley, Fumariaceae
- BALAKA** - *Coleus vettiveroides* K.C. Jacob, Labiatae
- PATOLA**- *Trichosanthes dioica* Roxb, Cucurbitaceae
- SWADU PATRA PHALA**- *Trichosanthes cucumerina*, Cucurbitaceae
- HARIDRA**- *Curcuma longa* Linn, Zingiberaceae
- DARU HARIDRA**- *Berberis aristata* DC, Berberidaceae,
- SHATI**- *Hedychium spicatum* Buch-Ham Zingiberaceae,
- GANDHA PALASHI**- *Hedychium spicatum* Buch-Ham, Zingiberaceae
- PUSHKARA MOOLA**- *Inula racemosa* Hook f. Compositae
- BHARANGI**- *Clerodendrum serratum* Spreng, Verbenaceae
- PATHA**- *Cissampelos pareira* Linn Menispermaceae
- SHWASARI**- A variety of *Patha*. *Glycyrrhiza glabra*, Fabaceae
- KATPHALA**- *Myrica nagi* Thunb Myricaceae
- DEVADARU**- *Cedrus deodara* (Roxb) Linn Pinaceae
- KATRUNA**- *Cymbopogon martini* (Roxb) Wats Gramineae
- KAPATAM**- A variety of *Katrana*. *Cymbopogon flexuosus* Nees ex Steud, Poaceae
- GUNTHA**- *Typha elephantina* Roxb, Typhaceae
- SHRUNGI**- *Pistacia integerrima* Stew. ex. Brandis, Anacardiaceae
- AJASHRINGI**- *Rhus succedanea* Linn, Anacardiaceae
- SHALA PARNI**- *Desmodium gangeticum* DC, Leguminosae
- PRISHNI PARNI**- *Uraria Picta* Desv, Leguminosae
- BRIHATI**- *Solanum indicum* Linn, Solanaceae
- KANTAKARI**- *Solanum xanthocarpum* Schrad and Wendl, Solanaceae,
- LAKSHMANA**- *Ipomoea sepiaria* Roxb, Convolvulaceae
- KASAGHNI**- *Solanum virginianum* Linn, Solanaceae
- VRINTAKI**- *Solanum melongena*, Solanaceae
- GOKSHURA**- *Tribulus terrestris* Linn, Zygophyllaceae
- BILVA**- *Aegle mameelos* Corr, Rutaceae
- AGNIMANTHA** and **KSHUDRA AGNIMANTHA**-*Premna latifolia* Roxb / *Premna mucronata* Clarke, *Clerodendrum phlomidis* Linn, Verbenaceae
- SHYONAKA**- *Oroxylum indicum* Vent Bignoniaceae
- KASHMARYA**- *Gmelina arborea* Linn, Verbenaceae
- PATALA**- *Stereospermum suaveolens* DC. Bignoniaceae
- SHWETA PATALA**- *Radermachera xylocarpa* (Roxb) ex K.Schum. The white variety of *Patala* is known as *Shweta Patala*.
- JEEVAKA**- *Microstylis wallichii* Lindl, Orchidaceae
- RISHABHAKA**-*Microstylis muscifera* Ridley, Orchidaceae
- MEDA**- *Polygonatum cirrhifolium* Royle, Liliaceae
- MAHAMEDA**- *Polygonatum verticillatum* All, Liliaceae
- VIAJAYA**- *Cannabis sativa* Linn, Cannabinacea
- KAKOLI**- *Roscoae procera* Wall, Zingiberaceae
- KSHEERA KAKOLI**- *Fritillaria royelei* Hook, *Lilium polyphyllum*, Liliaceae.
- MASHAPARNI**- *Teramnus labialis* Spreng, Papilionaceae / Leguminosae
- MUDGAPARNI**- *Phaseolus trilobus* Ait, Leguminosae
- JIVANTI**- *Leptadenia reticulata* W & A. Asclepiadaceae
- MADHUYASTHI** / **YASTHIMADHU**- *Glycyrrhiza glabra* Linn, Leguminosae
- RIDDHI**- *Pecteilis radiata*, *Habenaria radiata* (Thunb) Raf Orchidaceae
- VIDARIKA**- *Puerria tuberosa* DC, Leguminosae

- KSHEERA VIDARI**-*Ipomoea digitata* Linn, Convolvulaceae
- KAPIKACCHU**-*Mucuna pruriens* DC, Leguminosae,
- DADHIPUSHPI**- A type of *Kapikacchu*. *Mucuna monosperma* DC, Leguminosae
- SHITIVARA**- *Celosia argentea* Linn, Amaranthaceae
- PASHANABHEDA**- *Bergenia ligulata*(Wall) Engl Saxifragaceae
- SHRAVANI**- *Sphaeranthus indicus* Linn, Compositae
- MAHA SHRAVANI**- *Sphaeranthus africanus* Linn, Compositae
- SARIVA** - *Hemidesmus indicus* R. Br, Asclepiadaceae
- KRISHNA SARIVA**- *Cryptolepis buchanani* Roem & Schult, Asclepiadaceae
- BAKUCHI**- *Psoralea cordifolia* Linn, Leguminosae
- MADANA**- *Randia dumetorum* Lam Rubiaceae
- KATUKALAMBINI**- *Lagenaria vulgaris* Ser, Cucurbitaceae
- JEEMUTAKA**- *Luffa echinata* Roxb, Cucurbitaceae
- TRAPUSA**-*Cucumis sativus* Linn, Cucurbitaceae
- URVARU**- *Cucumis utillissimus* Roxb Cucurbitaceae
- VALUKA**- *Prunus cerasus* Linn, Rosaceae,
- SHEERNA VRINTA**- *Prunus avium* Linn, Rosaceae
- CHIRBHATA**- *Dalbergia lanceolaria* Linn, Fabaceae
- DANGARI**- ?
- KUSHMANDIKA**-*Benincasa ceribera* Savi, Cucurbitaceae
- VANDHYA KARKOTAKI**- *Momordica dioica* Roxb Cucurbitaceae,
- KARKOTAKI**-*Momordica charantia* Linn, Cucurbitaceae
- DHAMARGAVA**- *Luffa aegyptiaca* Mill ex Hook. f. Cucurbitaceae
- KOSHATAKI**- *Luffa acutangula* (Linn) Roxb, Cucurbitaceae
- ASHMANTAKA**- *Ficus cordifolia* Roxb, Moraceae
- KOVIIDARA**- *Bauhinia purpurae* Linn, Leguminosae
- AVARTAKI**- *Cassia auriculata* Linn, Leguminosae
- SHANAPUSHPI**- *Crotaria verrucosa* Linn, Leguminosae
- BIMBI**- *Coccinia indica* W & A, Cucurbitaceae
- HARITAKI**- *Terminalia chebula* Retz, Combretaceae,
- VIBHITAKI**- *Terminalia belerica* Roxb, Combretaceae
- AMALAKI**- *Phyllanthus emblica* Linn, Euphorbiaceae
- PRACHINAMALAKA**- *Flacourtia cataphracta* Roxb, Flacourtiaceae
- ARAGWADHA**- *Cassia fistula* Linn, Leguminosae
- KARNIKARA**- A variety of *Aragwadha*, *Pterospermum acerifolium* (Linn) Willd, Malvaceae
- DANTI**- *Baliospermum montanum* Muell-Arg, Euphorbiaceae
- VARANI**- A variety of *Danti*.
- JAYAPALA**- *Croton tiglium* Linn, Euphorbiaceae
- DRAVANTI**- *Chlorophytum tuberosum* (Roxb) Baker, Asperagaceae
- NEELINI**- *Indigofera tinctoria* Linn, Leguminosae
- SNUHI**- *Euphorbia nerifolia* Linn, Euphorbiaceae
- SAPTALA**- *Euphorbia dracunculoides* Lam, Euphorbiaceae
- KHEERINI**- *Manilkara hexandra* Roxb, Sapotaceae
- SWARNA KSHEERINI**- *Euphorbia thomsoniana* Bioss, Euphorbiaceae
- SHYAMA**- *Operculinia terpeum* Silva manso, Convolvulaceae
- SHUKLA BHANDI**- A variety of *Trivrutta*. *Ipomoea turpethum*, Convolvulaceae
- INDRAVARUNI**-*Citrullus colocynthus* Schrad, Cucurbitaceae
- VISHALA**- *Trichosanthes palmata* Roxb Cucurbitaceae
- SHWETA PUSHPI**- A variety of *Indravaruni*. *Cucumis trigonus* Roxb, Cucurbitaceae
- TRAYAMANA**- *Gentiana Kurroo* Royle, Gentianaceae,
- YAVATIKA**- *Andrographis paniculata* (Burm.f.) Nees, Acanthaceae
- ANKOTA**- *Alangium salvifolium* (Linn. f. ) Wang, Alangiaceae
- APAMARGA**- *Achyranthes aspera* Linn, Amaranthaceae
- RAKTAPUSHPA**- A variety of *Apamarga*, *Mallotus philippensis*, Cleomaceae
- TEJASWINI**- ?
- JYOTISHMATI**- *Celastrus paniculatus* Willd, Celastraceae
- RASNA**- *Pluchea lanceolata* Oliver & Hiern, Compositae
- ASHWAGANDHA**- *Withania somnifera* Dunal, Solanaceae
- PUNARNAVA**- *Trianthema portulacastrum* Linn, Aizoaceae
- KROORA**- A variety of *Punarnava*, *Boerhaavia diffusa* Linn,

- Nyctaginaceae **SAIREYAKA**- The *Saireyaka* is of three varieties; **Shweta-Rakta Saireyaka**- *Barleria cristata* Linn, **Peeta Saireyaka**- *Barleria prionitis* Linn, **Neela Saireyaka**- *Barleria strigosa* Linn, Acanthaceae
- BALA**-*Sida cordifolia* Linn, Malvaceae
- MAHABLA**- *Sida rhombifolia* Linn, Malvaceae
- GANGERUKI**- *Grewia populifolia* Vahl, Tiliaceae
- ATIBALA**- *Abutilon indicum* Linn, Malvaceae
- PRASARANI**-*Sida veronicaefolia* Lam, Malvaceae
- SHATAVARI**- *Asparagus racemosus* Willd, Liliaceae
- SAHASRA VIRYA**- *Asparagus sarmentous* Linn, Liliaceae
- ERANDA**- *Ricinus communis* Linn, Euphorbiaceae
- SHATAPUSHPA**- *Peucedanum graveolens* Linn, Umbelliferae
- MISHREYA** -*Foeniculum vulgare* Mill, Umbelliferae
- VACHA** - *Acorus calamus* Linn, Araceae
- HAPUSHA** - *Juniperus communis* Linn, Cupressaceae
- VIDANGA** - *Embelia ribes* Burm, Myrsinaceae
- KUTAJA** - *Holarrhena antidysenterica* Wall, Apocynaceae
- INDRAYAVA** - The *Kutaja Beeja*(Seeds of *Holarrhena antidysenterica* Wall) is known as *Indrayava*.
- HINGU** - *Ferula foetida* Regel, Umbelliferae
- HINGU PATRI**- *Ferula jaeschkeana* Vatke, Apiaceae
- NADI HINGU**- *Gargenia gummifera* Linn, Rubiaceae
- TUMBURU** - *Zanthoxylum alatum* Roxb, Rutaceae
- SOOKSHMA ELA** -*Ellettaria cardamomum* Maton, Zingiberaceae
- BHADRA ELA**- *Amomum subulatum* Roxb, Zingiberaceae
- NAGA KESHARA** - *Mesua ferrea* Linn, Guttiferae
- TWAK** - *Cinnamomum cassia* Blume, Lauraceae
- TAMALA PATRA**- *Cinnamomum tamala* Nees & Eberm, Lauraceae
- TALISA PATRA**- *Abies webbiana* Lindl, Pinaceae
- VAMSHA ROCHANA**- *Bambusa vulgaris* Schrad.ex.J.C.Wendl, Poaceae
- PALASHA GANDHA**- *Miliusa tomentosa* (Roxb) J. Sinclair, Annonaceae
- UPAKUNCHI** - *Nigella sativa* Linn, Ranunculaceae
- DADIMA** - *Punica granatum* Linn, Punicaceae
- DHANYAKA** -*Coriandrum sativum* Linn, Umbelliferae
- JEERAKA**-*Cuminum cyminum* Linn, Umbelliferae
- SHUKLA JEERAKA**- *Cuminum cyminum* Linn, Umbelliferae
- KRISHNA JEERAK**- *Carum carvi* Linn, Apiaceae
- BRIHATPALI**- *Lagenaria siceraria* (Molina) Standl, Cucurbitaceae
- PIPPALI** -*Piper longum* Linn, Piperaceae
- PIPPALI MOOLA** - Root of *Pippali*- *Piper longum* Linn, Piperaceae
- CHAVIKA**- *Piper chaba* Hunter Piperaceae
- GAJA PIPPALI**- *Scindapsus officinalis*, Araceae
- CHITRAKA**- *Plumbago zeylanica* Linn, Plumbaginaceae
- SHUNTHI**- *Zingiber officinale* Roscoe, Zingiberaceae
- ARDRAKA** -*Zingiber officinale* Roscoe, Zingiberaceae
- MARICHA**- *Piper nigrum* Linn, Piperaceae
- SHWETA MARICHA**- *Tasmania lanceolata*(Poir)A.C.Sm, Winteraceae
- YAVANI**- *Trachyspermum ammi*(Linn) Sprague, Umbelliferae
- CHAUHARA**- *Artemisia maritima* Linn, Compositae
- YAAVANI YAVANI**- *Hyoscyamus niger* Linn, Solanaceae
- VRUKSHAMLA** - *Garcinia indica*, Guttiferae,
- AMLAVETAS**- *Garcinia pedunculata* Roxb, Guttiferae
- AJAMODA**- *Trachyspermum roxburghianum* (DC) Sprague, Umbelliferae, **AJAGANDHA**- *Cleome gynandra* Linn, Capparidaceae
- KAPITTHA** - *Feronia elephantum* Correa, Rutaceae
- CHANDANA** - *Santalum album* Linn, Santalaceae,
- RAKTA CHANDANA**- *Pterocarpus santalinus* Linn, Leguminosae, **KUCHANDANA**- *Caesalpinia sappan* Linn, Caesalpinaceae
- KALIYAKA** - *Coscinium fenestratum*(Gaertn) Colebr, Menispermaceae
- BARBARIKA**- *Berberis vulgaris* Linn, Berberidaceae
- KUNKUMA** - *Crocus sativus* Linn, Iridaceae
- USHIRA** -*Vetiveria zizaniodes* (Linn) Nash, Graminae

- PRIYANGU** - *Callicarpa macrophylla* Vahl, Verbenaceae
- TOONI** - *Cedrela toona* Roxb, Meliaceae
- TURUSHKA** - *Liquidamber orientalis* Miller, Hamamelidaceae
- AGARU** - *Aquilaria agallocha* Roxb, Thymeliaceae
- KALEYAKA** - It is a variety of Agar. *Aquilaria malaccensis* Lam, Thymelaeaceae
- KARPURA** - *Cinnamomum camphora* Nees & Eberm, Lauraceae
- JATIPATRI** - *Myristica fragrans* Houtt, Myristicaceae
- KANKOLA** - *Piper cubeba* Linn, Piperaceae.
- POOGA** - *Areca catechu* Linn, Palmae
- LAVANGA** - *Syzygium aromaticum* (Linn) Merr & L.M Perry, Myrtaceae
- NALIKA** - *Pergularia daemia*(Forssk) Chiov, Apocynaceae
- MAMSI** - *Nardostachys jatamansi* DC, Valerianaceae
- GANDHA MANSI** - *Selinum tenuifolium* Wall, Valerianaceae
- KUSTHA** - *Saussurea lappa* C.B.Clark, Compositae
- RENUKA** - *Vitex negundo* Linn, Verbenaceae
- TAGARA** - *Valeriana wallichii* DC, Valerianaceae
- PARIPLAVA** - *Cyperus* sp. ? Cyperaceae
- NAKHA** - *Helix asper* Linn, Helicidae
- VYAGHRA NAKHA** - *Capparis horrida* Linn, Capparidaceae
- SPHRIKKA** - *Delphinium zalil* Aitch & Hemsl, Ranunculaceae
- BOLA** - *Commiphora myrrha* Holmes, Burseraceae
- DAMANA** - *Artemisia vulgaris* Linn Compositae
- MURA** - *Selenium* Sp., Valerianaceae
- STHAUNEYAKA** - *Taxus baccata* Linn, Taxaceae
- CHORAKA** - *Angelica glauca* Edgw, Umbellifereae
- SHAILEYA** - *Parmelia perlata* Ach, Parmeliaceae
- ELAVALUKA** - *Prunus cerasus* Linn, Rosaceae
- SARALA** - *Pinus longifoila* Roxb, Pinaceae
- SAPTAPARNA** - *Alstonia scholaris* R. Br, Apocynaceae
- TAMALAKI** - *Phyllanthus niruri* Linn, Euphorbiaceae
- LAMAJJAKA** - *Andropogon jwarancusa* (Jones ex Roxb) Schult, Poaceae
- PADMAKA** - *Prunus puddum* Roxb ex Wall Rosaceae
- DHATAKI** - *Woodfordia fruticosa* kurz, Lythraceae
- PRAPAUNDARIKA** - *Nymphaea nouchali*, Nymphaeaceae
- KARCHURA** - *Curcuma zedoaria* Rosc, Zingiberaceae
- GUGGULU** - *Commiphora mukul* Hook ex Stocks, Burseraceae
- KUNDURU** - The *Shallaki Vriksha Nirayasa Boswellia serrata* Roxb exudate) is known as *Kundururu*.
- SHRIVESHTAKA** - The *Sarala Vriksha Nirayasa* is known as *Shriveshtaka*
- SHALLAKI** - *Boswellia serrata* Roxb, Burseraceae
- KAMPILLAKA** - *Mallotus philippinensis* Muell Arg, Euphorbiaceae
- BHALLATAKA** - *Semecarpus anacardium* Linn, Anacardiaceae
- CHAKSHUSHYA** - *Cassia absus* Linn, Leguminosae
- KATAKA** - *Strychnos potatorum* Linn, Loganiaceae
- LODHRA** - *Symplocos racemosa* Roxb, Symplocaceae
- KRAMUKA** - A variety of *Lodhra Areca catechu* Linn, Palmae/ Araceae
- KARAVIRA** - *Nerium indicum* Mill, Apocynaceae
- CHAKRAMARDA** - *Cassia tora* Linn Leguminosae
- DHATTURA** - *Datura starmonium* Linn Solanaceae
- LANGALI** - *Gloriosa superba* Linn, Liliaceae
- BHRINGARAJA** - *Eclipta alba* Hassk, Compositae
- ARKA** - *Calotropis procera* (Ait) R. Br, Asclepiadaceae
- RAJARKA** - *Calotropis gigantia* (Linn) R. Br. Ex. Ait, Asclepiadaceae
- BUKA** - *Osmanthus fragrans* Lour, Oleaceae
- KAKAMACHI** - *Solanum nigrum* Linn, Solanaceae
- KAKAJANGHA** - A variety of *Kakamachi*, *Peristrophe bicalyculata*, Acanthaceae
- KAKANASA** - A variety of *Kakamachi*, *Martynia annua* Linn, Martyniaceae
- KAKADANI** - A variety of *Kakamachi*, *Capparis spinosa* Linn, Capparaceae
- CHUDAMANI** - A variety of *Kakamachi* *Abrus precatorious*, Fabaceae
- SHWETA KAMBHOJI** - A variety of *Kakamachi* *Breynia patens* (Roxb) Rolfe, Euphorbiaceae.
- MOOLAKA** - *Raphanus sativus* Linn, Cruciferae
- CHANAKYA MOOLAKA** - A variety of *Moolaka* *Raphanus longipinnatus*, Brassicaceae.

- GRINJANA**- A variety of *Moolaka*. *Daucus carota* (Hoffm) Schubl & G. Martens, Apiaceae
- SHIGRU**- *Moringa pterygosperma* Gaertn, Moringaceae
- SARSHAPA**- *Brassica campestris*, Cruciferae
- RAJAKSHAVAKA**- A variety of *Sarshapa*. *Brassica nigra*, Brassicaceae
- BHISTRINA**- *Hyptis suaveolens* Poit, Labiatae
- SURASA**- *Ocimum sanctum* Linn, Labiate
- JAMBIRA**- *Citrus limon* (Linn) Burm.f. Rutaceae
- KUTHERAKA**- *Ocimum basilicum*, Lamiaceae
- SHALOOKA**- A variety of *Kutheraka*. It refers to lotus root.
- SUMUKHA**- *Brassica juncea* Linn, Cruciferae
- ASURI**- *Brassica juncea* Linn, Cruciferae
- KANDIRA**- *Ranunculus scleratus* Linn, Ranunculaceae
- JALA PIPPALI**- *Lippia nodiflora* Mich, Verbenaceae
- LASHUNA**- *Allium sativum* Linn, Liliaceae
- MAHAKANDA**-*Allium ascalonicum* Linn, Liliaceae
- GARJARA**- *Daucus carota* DC, Umbelliferae
- PALANDU**- *Allium cepa* Linn Liliaceae
- KADALI**- *Musa sapientum* Linn, Musaceae
- KASTHA KADALI**- A variety of Kadali
- SINDHUVARA**- *Vitex negundo* Linn, Verbenaceae
- SHEPHALIKA**- *Nyctanthes arbor-tristis*, Oleaceae
- ASHWAKHURA**- ?
- JANTUKARI**- *Solanum virginianum* Linn, Solanaceae
- PADMACHARINI**- *Nervilia aragoana*, Orchidaceae
- VARAHI**- *Dioscorea bulbifera* Linn, Dioscoraceae
- MAMSAROHINI**- *Soymida febrifuge* A. Juss, Meliaceae
- VRINDAKA**- *Loranathus longiflorus* Desr, Loranthaceae
- SUVARCHALA**- ?
- BRAMHI**- *Bacopa monnieri*(Linn) Pennell, Plantaginaceae
- NAKULI**- *Rouwolfia serpentina* Benth ex Kurz, Apocynaceae
- GANDHA NAKULI**- *Ophiorrhiza mungos* Linn, Rubiaceae
- VRIDDHADARU**- *Argyria speciosa* Sweet, Convolvulaceae.
- RAKTAPADI(LAJJALU)**- *Mimosa pudica* Linn, Leguminosae
- VISHWAGRANTHI (HAMSAPADI)**-*Adiantum lunulatum* Burm, Polypodiaceae
- SHANKHAPUSHPI**-*Convolvulus pluricaulis* Chois Convolvulaceae
- VISHNUKRANTA**- A variety of *Shankhapushpa* *Evolvulus alsinoides* Linn, Convolvulaceae
- TANDULIYA**- *Amaranthus spinosus* Linn, Amaranthaceae
- KASAMARDA**- *Cassia occidentalis* Linn, Leguminosae
- IKSHU**- *Saccharum officinarum* Linn, Gramineae
- KASHA**- *Saccharum spontaneum* Linn, Graminae
- MUNJA**- *Sacchrum munja*, Poaceae
- DARBHA**- *Imperata cylindrica* Beauv, Gramineae
- SHARA**- *Plectranthus tenuiflorus*, Lamiaceae
- VAMSHA**-The *Vamsha* *Amkura* is also called as *Vamshaparva*- *Bambusa arundinacea* Willd, Gramineae
- NALA**- *Phragmites kirka* Trin, Gramineae
- MAHANALA**- A variety of *Nala*.
- DURVA**-*Cynodon dactylon* (Linn) Pers, Gramineae
- PUNDARIKA, SAUGANDHIKA, RAKTAPADMAM**- All are varieties of *Kamala*(Lotus)
- RAKTOTPALA, KUMUDAM**- A variety of *Pundarika*
- PADMINI**-*Nelumbo nucifera* Gaertn, Nelumbonaceae
- PADMABEEJA**(Lotus Seeds).
- MRINALA**- The *Kamala Naala* is known as *Mrinala*.
- PADMA MOOLAM**- The root of *Kamala*.
- PADMAKESHARA**- The stamens of *Kamala*.
- AMRA**- *Mangifera indica* Linn, Anacardiaceae,
- KSHUDRAMRA**- *Schleichera trijuga* Willd, Sapindaceae
- RAJAMRA**- *Spandias pinnata*, Anacardiaceae
- AMRATAKA**- *Spondias mangifera* Willd, Anacardiaceae
- JAMBIRA**- *Citrus limon* Linn, Rutaceae,
- MADHU JAMBEERA**- *Citrus aurantium*, Rutaceae
- NARANGA**- *Citrus reticulata* Blanco, Rutaceae
- BEEJAPURA**- *Citrus medica* Linn, Rutaceae

- MADHU KARKATI**- *Citrus decumana* Linn, Rutaceae
- AMLIKA**- *Tamarindus indica* Linn, Leguminosae
- KSHUDRAMLIKA**- *Oxalis corniculata*, Oxalidaceae
- ARUKAM**- *Prunus persica* Batsch, Rosaceae
- BHAVYA**- *Dillenia indica* Linn, Dilleniaceae
- TINDUKA**- *Diospyros embryopteris* Pers, Ebenaceae
- VIKANTAKA**- *Flacoutia ramonthii* Herit, Flacourtiaceae
- MADHUKA**-*Bassia latifolia* Roxb, Sapotaceae
- JALAJA**-?
- PEELU**- *Salvadora persica* Linn, Salvadoraceae
- KHARJURA**- *Phoenix sylvestris* Roxb, Palmae
- PINDA KHARJURA**- *Phoenix dactylifera* Linn, Palmae
- DRAKSHA**- *Vitis vinifera* Linn, Vitaceae
- UTTARA PATHIKA**-?
- AKSHODAKA**- *Juglans regia* Linn, Juglandaceae,
- PARUSHAKA**- *Grewia asiatica* Linn, Tiliaceae
- TOODA**- *Morus indica* Griff, Moraceae
- PALEVATA**-?
- TAALA**- *Borassus flabellifer* Linn, Palmae
- MAAD**-?
- PRIYALA**- *Buchanania latifolia* Roxb, Anacardiaceae
- NARIKELA**- *Cocos nucifera* Linn, Palmae
- VATA**- *Ficus bengalensis* Linn, Moraceae
- ASHWATTHA**- *Ficus religiosa* Linn, Moraceae
- PLAKSHA**- *Ficus infectoria* Roxb, Moraceae
- JAMBU**- *Eugenia jambolana* Lam, Myrtaceae
- UDUMBARA**- *Ficus glomerata* Roxb, Moraceae
- KAKODUMBARIKA**- *Ficus hispida* Linn, Moraceae
- RAJADANA**- *Mimusops hexandra* Roxb, Sapotaceae
- SHLESHMATAKA**- *Cordia myxa* Roxb, Boraginaceae
- SHAMI**-*Prosopis spicigera* Linn, Leguminosae
- BADARA**- *Zizyphus jujuba* Lam Rhamnaceae
- KARIRA**- *Capparis aphylla* Roth, Capparidaceae
- KARAMARDAKA**- *Carissa carandas* Linn, Apocynaceae
- KADAMBA**- *Anthocephalus cadamba* Mig, Rubiaceae
- KARANJA**- *Pongamia pinnata* (Linn) Merr, Leguminosae
- UDAKIRYA**-Avariety of *Karanja*.
- ANGARA VALLI**- It is a variety of *Karanja*
- SHIRISHA**- *Albizia lebbek* Benth, Leguminosae
- ARJUNA**- *Terminalia arjuna* W & A Combretaceae
- VETASA**-*Salix caprea* Linn, Salicaceae
- VARUNA**- *Crataeva nurvala* Buch-Ham, Capparidaceae
- SHINSHIPA**- *Dalbergia sissoo* Roxb, Leguminosae
- SARJA**- *Vateria indica* Linn, Dipterocarpaceae
- ASANA**- *Pterocarpus marsupium* Roxb, Fabaceae
- SHALMALI**- *Bombax malabaricum* DC, Bombacaceae
- ROHITAKA**- *Tecomella undulata* Seem Bignoniaceae
- MUSHKAKA**- *Schrebera swietenoides* Roxb Oleaceae
- IRIMEDA**- *Acacia farnesiana* Willd Leguminosae
- MALLIKA**- *Jasminum sambac* Ait, Oleaceae
- VARSHIKI**- *Jasminum* sp, Oleaceae
- JAATI**- *Jasminum grandiflorum* Linn, Oleaceae
- VAASANTI**- *Jasminaum* sp Oleaceae
- GRAISHMI**- *Jasminum* sp Oleaceae
- CHAMPAKA**- *Michhelia champaka* Linn, Magnoliaceae
- TARUNI**- *Rosa* sp, Rosaceae
- KUBJAKA**- *Rosa moschata* Herrm, Rosaceae
- YUTHIKA**- *Jasminum auriculatum* Vahi, Oleaceae
- KUNDA**- *Jasminum pubescens*, Oleaceae
- SHATAPATRI**- *Rosa* sp, Rosaceae
- ATIMUKTA**- *Hiptage madablota* Gaertn, Malpighiaceae
- BAKULA**- *Mimusops elangi* Lam, Sapotaceae
- KINKIRATA**- *Garuga pinnata* Roxb Burseraceae
- TILAKA**- *Wendlandia exerta* DC. Rubiaceae
- ASHOKA**- *Saraca asoka* Linn, Leguminosae
- KIMSHUKA**<sup>[3]</sup>- *Butea frondosa* Koen ex Roxb, Leguminosae

**SHAALI**- *Oryza sativa* Linn, Gramineae  
**YAVA**- *Hordeum vulgare* Linn, Poaceae  
**MUDGA**- *Phaseolus aureus* Roxb, Leguminosae  
**RAJA MASHA**- *Vigna catiang* Walp, Leguminosae  
**KODRAVA**- *Paspalum scorbiculatun*(Linn), Gramineae  
**NEEVARA**- *Hygroryza aristata* Nees, Gramineae  
**SHYAMAKA**- *Echinochloa frumentaceae* (Linn), Gramineae  
**PRIYANGU**- *Setaria italica*(Linn) Beauv, Gramineae  
**MAKUSTHA (VANAMUDGA)**- *Phaseolus aconitifolius* Jac,  
 Leguminosae **ADHAKI**- *Cajanus indicus* Spreng,  
 Leguminosae  
**MASURA**- *Ervus lens* Linn, Leguminosae  
**GODHUMA**- *Triticum sativum* Linn, Gramineae  
**DHANYA MASHA**- *Phaseolus mungo* Linn, Leguminosae  
**CHANAKA**- *Cicer arietinum* Linn, Leguminosae  
**KALAYA**- *Pisum sativum* Linn, Leguminosae  
**KULATTHYA**- *Dolichos biflorus* Linn, Leguminosae  
**JOORNA**- ?  
**KARATA**- *Lathyrus sativus* Linn, Leguminosa  
**NISHPAVA**- *Dolichos lablab* Linn, Leguminosae  
**METHIKA**- *Trigonella foenum-graecum*, Linn Papilionaceae  
**VANA METHIKA**-This plant is mainly used for horses.  
**ATASI**- *Linum usitassimum* Linn, Liaceae

**KUSUMBHA**- *Carthamus tinctorious* Linn, Compositae  
**KHASTILA**- *Papaver somniferum* Linn, Papaveraceae

**TILA**-*Sesamum indicum* Linn, Pedaliaceae

## CONCLUSION

When analyzed carefully *Nighantu* contains 410 medicinal plants apart from the mineral origin, and animal origin. The controversy of the medicinal plants can be evaluated carefully with the help of *Gopala*, *Tapaswi*(One who is worshipping lord in jungle region), *Shikari*(Mountaineers), and *Adivasi*(Tribal) people. The physician should carefully analyse the drugs with the help of *Rasa*, *Virya*, *Vipaka*, *Prabhava* and then applied for treatment. The most of the drugs have unidentified and should be resolved the controversy with the help of botanical sources. Further scope of study is identify the some unknown medicinal plants viz; *Dangari*, *Tejaswini*, *Ashwakhura*, *Suvarchala*, *Jalaja*, *Uttara Patika*, *Palevata*, *Maada*, *Joorna* with their exact botanical source.

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