



RESEARCH ARTICLE

PRELIMINARY SCREENING AND CHARACTERIZATION OF BIFIDOBACTERIUM
FROM FAECAL SAMPLES

P. Bhuvaneshwari^{1*} and S. Ahmed John²

¹Department of Microbiology, A.V.C. College (Autonomous), Mannampandal, Mayiladuthurai

²PG and Research Department of Botany, Jamal Mohamed College (Autonomous), Tiruchirapalli

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ABSTRACT

Human faecal samples were used as a source for *Bifidobacterium*, Gram positive bacteria found in normal microbiota of human beings. There are thirty faecal samples were collected from the new born infants (2- 4 months). Bifidobacterium strains were isolated (MRSc medium), Out of sixty three isolates twenty six showed positivity for bifidus shunt and its species identified based on the biochemical profile. According to the bile and acid tolerance only seven strains were isolated, among this S2 (*Bifidobacterium bifidum*) showed more resistant capacity against both pH – 2.5 and bile – 0.5% of oxgall (at 4 hrs of treatment).

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INTRODUCTION

Bifidobacteria play an important role in the microbial ecology of the human and animal gut. They have health promoting properties by maintaining an improved intestinal bacterial composition (Bezkorovainy, 2001), stimulation of the immune response, possible anticarcinogenic activity and protection against infections (Saavedra *et al.*, 1994). The gastrointestinal microflora is influenced by diet, age, environmental conditions and by the host genotype. Tissier (1906) showed that *Bifidobacterium* species were the predominant microflora in breast fed infants and speculated that infant diarrhoea could be treated by giving large dose of bifidobacteria orally. *Bifidobacterium* is the predominant species of human colonic and faecal microbiota. It has been extensively introduced as probiotics in industry and pharmaceutical application (Guarner and Malagelada, 2003). Human faecal samples were used as a source of *Bifidobacterium* strains which are resistant to both acid and bile (Chung *et al.*, 1999). The objective of this study was to isolate and identify the *Bifidobacterium* sp., from the infant faecal material. The effective strains were identified based on acid and bile tolerance test. Probiotics are defined as live microbial feed supplement that beneficially affects the host by improving its intestinal balance (Fuller, 1989). Most probiotic microorganisms are lactic acid bacteria such as *Lactobacillus plantarum*, *Lactobacillus casei*, *Lactobacillus acidophilus* and *Streptococcus lactis* (Sindhu and Khetarpaul, 2001).

MATERIALS AND METHODS

Collection of Sample

Thirty fresh faecal samples were collected from the new born infants (aged 2 to 4 months). They were carefully transferred to the laboratory by using saline water containing sterilized screw capped bottles.

Isolation of bacteria

Isolation of strains: One gram of fresh feces was transferred in to the flask containing 9 ml of 0.2 % cysteine-Hcl and the suspension was homogenized for 2 minutes. Serial dilutions were made and using spread plate technique, the suspension was inoculated in MRSc agar, Bifidobacterium agar and TP agar. Then the plates were incubated at 37°C for 48 hours in the anaerobic chamber. Colony with distinct morphology was selected for further analysis. Morphological (Gram staining) and their metabolic properties were analyzed with selected colonies.

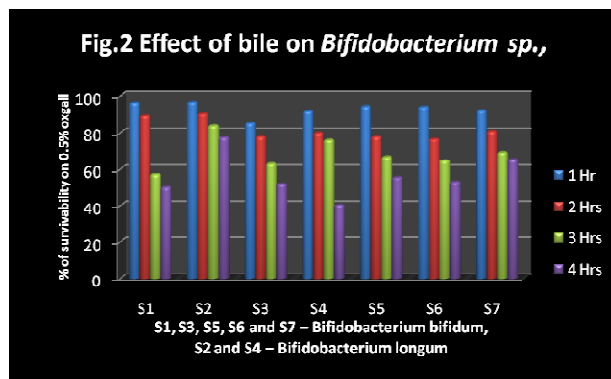
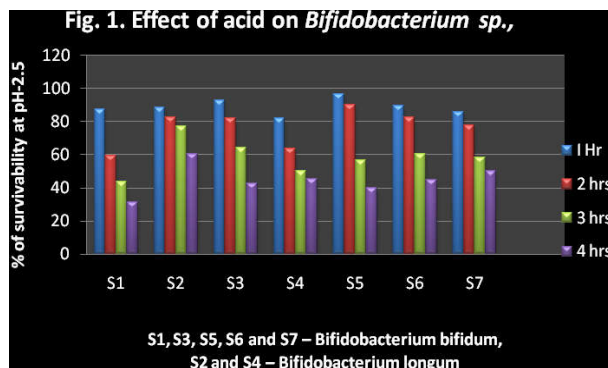
F-6-PPK Test: According to Scardovi (1986) method, cells were grown in 5 ml of MRSc broth at 37°C for 48 hrs under anaerobic condition and the cells were harvested by centrifugation at 5000g for 10 minutes. The pellet was twice washed with 5 ml of 0.5 g/l phosphate cysteine buffer. After centrifugation, the pellet was collected in 1 ml buffer and disrupted by the addition of 0.4 ml of cetridium bromide (0.4 mg CTAB in 1 ml of distilled water).

*Corresponding author: bhuvanak.micro@gmail.com

Table - 1 Characteristic feature of isolated strains

Biochemical tests	S1	S2	S3	S4	S5	S6	S7
Gram Staining	+ve, rod	+ve, rod	+ve, rod	+ve, rod	+ve, rod	+ve, rod	+ve, rod
Motility	-	-	-	-	-	-	-
Catalase	-	-	-	-	-	-	-
Oxidase	-	-	-	-	-	-	-
Carbohydrate fermentation							
Arabinose	-	-	-	-	-	-	-
Cellobiose	-	+	-	+	-	-	-
Fructose	-	-	-	-	-	-	-
Galactose	+	+	+	+	+	+	+
Glucose	+	-	+	-	+	+	+
Inulin	+	+	+	+	+	+	+
Lactose	-	-	-	-	-	-	-
Maltose	+	+	+	+	+	+	+
Mannose	-	+	-	+	-	-	-
Melibiose	-	+	-	+	-	-	-
Raffinose	+	+	+	+	+	+	+
Rhamnose	-	+	-	+	-	-	-
Ribose	-	-	-	-	-	-	-
Salicin	-	+	-	+	-	-	-
Sorbitol	-	-	-	-	-	-	-
Sucrose	-	-	-	-	-	-	-
Trehalose	+	+	+	+	+	+	+
Xylose	-	-	-	-	-	-	-
	-	+	-	+	-	-	-

S1, S3, S5, S6 and S7 – *Bifidobacterium bifidum*,; S2 and S4 – *Bifidobacterium longum*



Carbohydrate fermentation test: The carbohydrates fermentation was determined on TPY containing bromocresol purple (0.04g/l) as a pH indicator and supplemented with 1% of the following carbohydrates: Arabinose, Cellobiose, Fructose, Galactose, Glucose, Inulin, Lactose, Maltose, Mannose, Melibiose, Raffinose, Rhamnose, Ribose, Salicin, Sorbitol, Sucrose, Trehalose and Xylose. To ensure the anaerobic condition, each tube was supplemented with two drops of sterile liquid paraffin after inoculation.

ACID TOLERANCE TEST

Acid tolerance capabilities were confirmed by viable count (Gilliland *et al.*, 1984). MRSc broth for tolerance test and MRSc agar for *Bifidobacterium* enumeration were used. One ml of the isolate grown in the MRS broth for three generations having an optimal density of 0.280 at 600 nm were inoculated in 9 ml of sterile MRSc broth whose pH was adjusted 2.5 with 0.5 N HCl. The inoculated broth was incubated at 37°C for 4 hrs after inoculation. With different interval 1 hr, 2, 3, and 4 hrs, one ml of sample was taken and serially diluted with normal saline (0.84% sodium chloride) in order to neutralize the acidity of the medium. 100 µl of the specific dilution was inoculated onto MRSc agar plates. The agar plates were incubated at 37°C for 24 – 48 hrs. The colonies were counted using colony counter. The reduction in log cycle after exposure to low pH for 4 hrs as compared to control was considered as the criteria for acid tolerance (Wright and Klaenhammer, 1983). Percentage of survivability of the strain to acidic pH was calculated using the formula.

$$\% \text{ survivability} = (\log \text{ cfu } 4^{\text{th}} \text{ hour} / \log \text{ cfu } 0^{\text{th}} \text{ hour}) \times 100$$

BILE TOLERANCE TEST

Bile salt tolerance capability of isolated strains was confirmed by viable count method. MRSc broth (pH) for the tolerance test and MRSc agar for the *Bifidobacterium* enumeration were used (Gilliland *et al.*, 1984). From MRSc broth culture having an optical density of 0.280 at 600 nm, 1 ml of the inoculums was inoculated in a 9 ml of sterile MRS broth enriched with oxgall (0.5 %) (w/v) and incubated at 37°C for 4 hrs (reflecting the time spent by the food in the small intestine). With different time interval 0, 1, 2, 3 and 4 hrs, 1 ml of culture was taken and serially diluted with sterile saline solution (0.84%) and 100 µl of the specific dilution was inoculated on MRSc agar. The plates were incubated for 24 -48 hrs at 37°C and the colonies were counted using colony counter. The reduction in the log values of survival after exposure to 0.5%

of bile salts for 4 hrs was compared with the values at 0 hr (as control) was considered as criteria for bile salt tolerance. The method was slightly modified as instead of 0.3% of sodium thioglycollate, 0.5 % of oxgall was used. Then the pH of the medium was maintained as alkali condition that reflects the pH of the small intestine. Percentage survivability of the strains to 0.5% oxgall was calculated using the formula.

$$\% \text{ survivability} = (\log \text{ cfu } 4^{\text{th}} \text{ hour} / \log \text{ cfu } 0^{\text{th}} \text{ hour}) \times 100$$

RESULTS AND DISCUSSION

Based on the cultural characteristics (creamy white colony, puncti form and 0.1-0.5 mm in diameter) morphology (Gram positive) the isolates were purified and presumed as lactic acid bacteria. Sixty three isolates were catalase, oxidase, and nitrate reduction negative. The presence of fructose 6 phosphate phosphoketolase enzyme was revealed by the appearance of reddish brown colour. This phenotypical characteristics and enzyme assay described by scardovi (1986) and Tamine *et al.*, (1995) resulted the identification of *Bifidobacterium*. Among the sixty three isolates, twenty six isolates showed positive results for bifidus shunt.

According the method of Vlkova *et al.*, (2002), modified F-6-PPK test was used for the identification of *Bifidobacterium*. Species level identification is accomplished based on the carbohydrate fermentation (Tab.1) (Miloud *et al.*, 2005). Based on the acid and bile tolerance assay effective strain was identified (% of survivability). There are seven strains showed high % of survival rate that five isolates belongs to *Bifidobacterium bifidum* and two belongs to *Bifidobacterium longum* (Fig.1 and Fig. 2). Among the seven strains S2 (*Bifidobacterium bifidum*) showed maximum survivability against both acid and bile.

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